



**AAA School Safety**

# **Alaska Common Core Standards Guide**



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## Master Lesson Plan Overview

### Topic:

AAA School Safety

### Grade Levels:

4-6

### Materials / Resources:

All materials provided in the AAA School Safety Lesson Plan. Download at: [AAA School Safety Lesson Plan](#)

### Student Outcomes:

- Awareness of safety issues and how to respond
- Teamwork and working with peers to solve problems
- Responsibility and confidence in uncertain situations
- Respect for self, each other, and authority figures
- Leadership in the classroom, among friends, and all areas of life

Lesson	Activities	Learning Target	Common Core Standards
<b>Engage:</b> The Set Up	<ul style="list-style-type: none"><li>• Introduction to the Safety Lesson</li><li>• Class Discussion about Safety Issues</li></ul>	In this session youth will build awareness of safety issues by drawing connections to what they already know while assessing prior understanding.	<b>Speaking and Listening Standards</b> 1 (4th, 5th, & 6th grade) *If done in writing: <b>Writing Standards</b> 8 (4th & 5th grade) <b>Skills for a Healthy Life Section A</b> 2 (4th, 5th, & 6th grade)
<b>Engage:</b> Pre-Lesson Assessment	Safe / Unsafe Pre-Lesson Assessment	In this session youth will build awareness of safety issues by drawing connections to what they already know while assessing prior understanding.	<b>Skills for a Healthy Life Section A</b> 3 (4th, 5th, & 6th grade)

# Alaska Unit Plan

## Master Lesson Plan Overview, cont'd

Lesson	Activities	Learning Target	Common Core Standards
<b>Explore:</b> Classroom Participation	<ul style="list-style-type: none"> <li>• Role-Playing and Team-Building Activity</li> <li>• Debrief and Classroom Processing</li> </ul>	In this session youth will practice teamwork and will work with peers to solve problems. Students will become actively involved with the topic and build on their understanding.	<b>Skills for a Healthy Life</b> <b>Section A</b> 2, 3 (4th, 5th, & 6th grade) <b>Section B</b> 1, 2 (4th, 5th, & 6th grade)
<b>Explain:</b> Classroom Instruction Section 1	Getting to School: <ul style="list-style-type: none"> <li>• Crosswalk and safe gaps</li> <li>• Search patterns</li> <li>• Bicycle Safety</li> <li>• School Bus Safety</li> <li>• Car Passenger Safety</li> <li>• Self Driving Car</li> </ul>	In this session youth will build on the students' prior knowledge, ensuring that they have accurate information to apply in a variety of safety situations.	<b>Skills for a Healthy Life</b> <b>Section A</b> 2, 3, 6 (4th, 5th, & 6th grade)
<b>Explain:</b> Classroom Instruction Section 2	Getting to School: <ul style="list-style-type: none"> <li>• Bullying</li> <li>• Violent Intruder</li> <li>• Earthquake</li> </ul>	In this session youth will build on the students' prior knowledge, ensuring that they have accurate information to apply in a variety of safety situations.	<b>Skills for a Healthy Life</b> <b>Section A</b> 2, 4 (4th, 5th, & 6th grade) <b>Section B</b> 1, 5 (4th, 5th, & 6th grade)
<b>Extend:</b> Classroom Engagement	<ul style="list-style-type: none"> <li>• Small Group Discussion</li> <li>• School Safety Worksheet</li> </ul>	Allow students to apply what that they have learned and explore the implications in new situations through teamwork.	<b>Writing Standards</b> 8 (4th & 5th grade) <b>Skills for a Healthy Life</b> <b>Section A</b> 2, 3 (4th, 5th, & 6th grade) <b>Section B</b> 1 (4th, 5th, & 6th grade)
<b>Evaluate:</b> Learning Assessment	<ul style="list-style-type: none"> <li>• Safety Roles</li> <li>• School Safety Pledge</li> </ul>	In this session youth will determine how much learning and understanding has taken place while showing evidence of accomplishment.	<b>Skills for a Healthy Life</b> <b>Section A</b> 3 (4th, 5th, & 6th grade) <b>Section D</b> 1, 2 (4th, 5th, & 6th grade)

# Creating Safe Spaces Lesson Plan Overview

### Topic:

A Guide to Having Courageous Conversations about Diversity and Allyship

### Grade Levels:

4-6

### Materials / Resources:

All materials provided in the AAA School Safety Lesson Plan. Download at: [Creating Safe Spaces: Lesson Plan](#)

### Student Outcomes:

- Creating Safe Spaces
- Celebrating Diversity
- Courageous Conversations

# Alaska Unit Plan

## Creating Safe Spaces Lesson Plan Overview (cont'd)

Lesson	Activities	Learning Target	Common Core Standards
Be the Change	<ul style="list-style-type: none"> <li>• Introduction</li> <li>• The Young S/Hero Snowball Activity</li> <li>• Reflection Questions</li> </ul>	In this session youth will learn about what it means to be a changemaker and be inspired to become one.	<p><b>Writing Standards</b></p> <p>8 (4th grade) 8 (5th grade) 4 (6th grade)</p> <p><b>Speaking and Listening Standards</b></p> <p>1 (4th grade) 1 (5th grade) 1 (6th grade)</p>
Equality and Safe Spaces — A Path for All	<ul style="list-style-type: none"> <li>• 5 Tips of Active Listening</li> <li>• Activity: Celeste Davis &amp; Aaron</li> <li>• Privilege Ball Toss Activity</li> <li>• Reflection Question</li> </ul>	In this session students will improve their listening skills and learn about privileges in order to create safe spaces.	<p><b>Speaking and Listening Standards</b></p> <p>1 (4th grade) 1 (5th grade) 1 (6th grade)</p>
Why Diversity is Important — A Rainbow Road	<ul style="list-style-type: none"> <li>• Introduction: Embracing Diversity to Create Safe Spaces</li> <li>• “I love my neighbor who...” Activity</li> <li>• Discussion</li> <li>• Reflection Questions</li> </ul>	In this session youth will explore the origins of racism while establishing ways to celebrate diversity.	<p><b>Speaking and Listening Standards</b></p> <p>1 (4th grade) 1 (5th grade) 1 (6th grade)</p>
Allyship for Kids — A Route to Freedom	<ul style="list-style-type: none"> <li>• Intro: Understanding Allyship</li> <li>• Kids Explain Allyship Video</li> <li>• Ally Up Activity</li> <li>• Reflection Questions</li> </ul>	In this session youth will understand and practice how to be an ally.	<p><b>Speaking and Listening Standards</b></p> <p>1 (4th grade) 1 (5th grade) 1 (6th grade)</p>
Allyship in Action	<ul style="list-style-type: none"> <li>• Using Activism to be an Ally</li> <li>• Art as Activism Video or Activism finds a new place: TikTok Video</li> <li>• Art for Change Activity</li> <li>• Reflection Questions</li> </ul>	In this session students will practice using art to help create safe spaces and stand up for others.	<p><b>Speaking and Listening Standards</b></p> <p>4 (4th grade) 4 (5th grade) 5 (6th grade)</p>

## Safe@Home Overview

### Topic:

How to be a Safety Leader at Home

### Grade Levels:

4-6

### Materials / Resources:

A device to connect to the self-guided, online lesson. Access here: [Safe@Home](#)

### Student Outcomes:

Students will learn how to keep themselves and others safe while at home. Safety issues include:

- Home Safety Basics
- Fire Safety
- Water Safety
- Cooking Safety
- Resources for Parents & Caregivers

# Alaska Unit Plan

Safe@Home Overview, cont'd

Lesson	Activities	Learning Target	Common Core Standards
Home Safety Basics	<ul style="list-style-type: none"> <li>• Important Tips for Home Safety</li> <li>• Home Safety Basic Activity</li> </ul>	In this session youth will read home safety tips and create an emergency plan.	<b>Skills for a Healthy Life Section A</b> 2, 3, 6 (4th, 5th, & 6th grade) <b>Section B</b> 1 (4th, 5th, & 6th grade)
Fire Safety	<ul style="list-style-type: none"> <li>• Important Tips for Fire Safety</li> <li>• Fire Safety Activity</li> </ul>	In this session youth will read fire safety tips and create a fire escape plan.	<b>Skills for a Healthy Life Section A</b> 2, 3, 6 (4th, 5th, & 6th grade) <b>Section B</b> 1 (4th, 5th, & 6th grade)
Cooking Safety	<ul style="list-style-type: none"> <li>• Important Tips for Safety Cooking</li> <li>• Cooking Safety Activity</li> </ul>	In this session youth will read cooking safety tips and identify cooking safety hazards in the kitchen.	<b>Skills for a Healthy Life Section A</b> 3, 6 (4th, 5th, & 6th grade) <b>Section B</b> 1 (4th, 5th, & 6th grade)
Water Safety	<ul style="list-style-type: none"> <li>• Five Water Survival Skills</li> <li>• Water Safety Activity</li> </ul>	In this session youth will read the five water survival skills and identify safety hazards in a pool.	<b>Skills for a Healthy Life Section A</b> 3 (4th, 5th, & 6th grade)



## Staying Safe During Covid-19 Overview

### Topic:

A Guide to Physical Safety and Emotional Wellbeing

### Grade Levels:

4-6

### Materials / Resources:

A device to connect to the online lesson. Access here: [Staying Safe During COVID-19](#)

### Student Outcomes:

- Physical Safety
- Emotional Safety

Lesson	Activities	Learning Target	Common Core Standards
Physical Safety	<ul style="list-style-type: none"><li>• 5 Easy Steps for Hand Washing</li><li>• Slippery Fish Activity</li><li>• How to Wear Face Covering</li><li>• Social Distancing Activities</li></ul>	In this session youth will learn how to properly wash their hands and wear face coverings. They will also brainstorm social distancing activities.	<b>Skills for a Healthy Life Section A</b> 2 (4th, 5th, & 6th grade)
Emotional Safety	<ul style="list-style-type: none"><li>• Being a Leader in Emotional Wellbeing</li><li>• Identifying Emotions</li><li>• “Emotion Freeze” Activity</li><li>• Staying Socially Connected</li><li>• Empathy</li><li>• “If You Really Knew Me” Activity</li></ul>	In this session youth will <ul style="list-style-type: none"><li>• Learn how mental health can impact your wellbeing and what empathy is</li><li>• Practice identifying their emotions and ways to stay socially connected</li></ul>	<b>Skills for a Healthy Life Section A</b> 1 (4th, 5th, & 6th grade)

## AAA School Safety Lesson Plan

### Speaking and Listening Standards

#### 4th Grade:

1. Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others' ideas and expressing their own clearly.

#### 5th Grade:

6. Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly.

#### 6th Grade:

1. Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 6 topics, texts, and issues, building on others' ideas and expressing their own clearly.

### Writing Standards

#### 4th Grade:

8. Recall relevant information from experiences or gather relevant information from print and digital sources; take notes and categorize information, and provide a list of sources.

#### 5th Grade:

8. Recall relevant information from experiences or gather relevant information from print and digital sources; summarize or paraphrase information in notes and finished work, and provide a list of sources.

### Skills for a Healthy Life

#### Section A

#### 4th, 5th, & 6th Grade:

2. Understand how the human body is affected by behaviors related to eating habits, physical fitness, personal hygiene, harmful substances, safety, and environmental conditions;
3. Understand and identify the causes, preventions, and treatments for diseases, disorders, injuries, and addictions;
4. Recognize patterns of abuse directed at self or others and understand how to break these patterns.

# Alaska Common Core Standards List

AAA School Safety Lesson Plan, cont'd

6. Use knowledge and skills related to physical fitness, consumer health, independent living, and career choices to contribute to well-being.

## Section B

### **4th, 5th, & 6th Grade:**

1. Demonstrate an ability to make responsible decisions by discriminating among risks and by identifying consequences;
2. Demonstrate a variety of communication skills that contribute to well-being.

## Section C

### **4th, 5th, & 6th Grade:**

1. Resolve conflicts responsibly.
5. Understand how attitude and behavior affect the well-being of self and others.

## Section D

### **4th, 5th, & 6th Grade:**

1. Make responsible decisions as a member of a family or community.
2. Take responsible actions to create safe and healthy environments.

## Creating Safe Spaces Lesson Plan

### Writing Standards

#### 4th Grade:

8. Recall relevant information from experiences or gather relevant information from print and digital sources; take notes and categorize information, and provide a list of sources.

#### 5th Grade:

8. Recall relevant information from experiences or gather relevant information from print and digital sources; summarize or paraphrase information in notes and finished work, and provide a list of sources.

#### 6th Grade:

4. Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

### Speaking and Listening Standards

#### 4th Grade:

1. Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others' ideas and expressing their own clearly.
4. Report on a topic or text, tell a story, or recount an experience in an organized manner, using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace.

#### 5th Grade:

1. Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly.
4. Report on a topic or text or present an opinion, sequencing ideas logically and using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace.

#### 6th Grade:

1. Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 6 topics, texts, and issues, building on others' ideas and expressing their own clearly.
5. Include multimedia components (e.g., graphics, images, music, sound) and visual displays in presentations to clarify information.

## Safe @ Home

### Skills for a Healthy Life

#### Section A

##### 4th, 5th, & 6th Grade:

2. Understand how the human body is affected by behaviors related to eating habits, physical fitness, personal hygiene, harmful substances, safety, and environmental conditions;
3. Understand and identify the causes, preventions, and treatments for diseases, disorders, injuries, and addictions;
6. Use knowledge and skills related to physical fitness, consumer health, independent living, and career choices to contribute to well-being.

#### Section B

##### 4th, 5th, & 6th Grade:

1. Demonstrate an ability to make responsible decisions by discriminating among risks and by identifying consequences;

## Staying Safe During Covid-19

### Skills for a Healthy Life

#### Section A

##### 4th, 5th, & 6th Grade:

1. Understand that a person's well-being is the integration of health knowledge, attitudes, and behaviors.
2. Understand how the human body is affected by behaviors related to eating habits, physical fitness, personal hygiene, harmful substances, safety, and environmental conditions.