



**AAA School Safety**

# Montana Common Core Standards Guide



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# Master Lesson Plan Overview

**Topic:**

AAA School Safety

**Grade Levels:**

4-6

**Materials / Resources:**

All materials provided in the AAA School Safety Lesson Plan. Download at: [AAA School Safety Lesson Plan](#)

**Student Outcomes:**

- Awareness of safety issues and how to respond
- Teamwork and working with peers to solve problems
- Responsibility and confidence in uncertain situations
- Respect for self, each other, and authority figures
- Leadership in the classroom, among friends, and all areas of life

# Montana Unit Plan

## Master Lesson Plan Overview, cont'd

Lesson	Activities	Learning Target	Common Core Standards
<b>Engage:</b> The Set Up	<ul style="list-style-type: none"> <li>• Introduction to the Safety Lesson</li> <li>• Class Discussion about Safety Issues</li> </ul>	<p>In this session youth will build awareness of safety issues by drawing connections to what they already know while assessing prior understanding.</p>	<p><b>Speaking and Listening Standards</b></p> <p>SL.4.1, SL.5.1, SL.6.1 (4th, 5th, &amp; 6th grade)</p> <p>*If done in writing:</p> <p><b>Writing Standards</b></p> <p>W..4.8 or W.5.8 (4th &amp; 5th grade)</p> <p><b>Health Education Content Standards</b></p> <p>7 (4th grade) 8 (5th grade)</p>
<b>Engage:</b> Pre-Lesson Assessment	<p>Safe / Unsafe Pre-Lesson Assessment</p>	<p>In this session youth will build awareness of safety issues by drawing connections to what they already know while assessing prior understanding.</p>	<p><b>Health Education Content Standards</b></p> <p>3, 4 (4th grade) 2, 3 (5th grade) 3 (6th grade)</p>
<b>Explore:</b> Classroom Participation	<ul style="list-style-type: none"> <li>• Role-Playing and Team-Building Activity</li> <li>• Debrief and Classroom Processing</li> </ul>	<p>In this session youth will practice teamwork and will work with peers to solve problems. Students will become actively involved with the topic and build on their understanding.</p>	<p><b>Health Education Content Standards</b></p> <p>3, 8, 23 (4th grade) 2, 8 (5th grade) 3, 9 (6th grade)</p>
<b>Explain:</b> Classroom Instruction Section 1	<p>Getting to School:</p> <ul style="list-style-type: none"> <li>• Crosswalk and safe gaps</li> <li>• Search patterns</li> <li>• Bicycle Safety</li> <li>• School Bus Safety</li> <li>• Car Passenger Safety</li> <li>• Self Driving Car</li> </ul>	<p>In this session youth will build on the students' prior knowledge, ensuring that they have accurate information to apply in a variety of safety situations.</p>	<p><b>Health Education Content Standards</b></p> <p>8 (4th grade) 8 (5th grade) 9 (6th grade)</p>

# Montana Unit Plan

Master Lesson Plan Overview, cont'd

Lesson	Activities	Learning Target	Common Core Standards
<b>Explain:</b> Classroom Instruction Section 2	Getting to School: <ul style="list-style-type: none"> <li>• Bullying</li> <li>• Violent Intruder</li> <li>• Earthquake</li> </ul>	In this session youth will build on the students' prior knowledge, ensuring that they have accurate information to apply in a variety of safety situations.	<b>Health Education Content Standards</b> 7, 8, 13, 18, 23, 24 (4th grade) 6, 7, 18, 21, 22, 24 (5th grade) 7, 8, 22, 24, 27, 28 (6th grade)
<b>Extend:</b> Classroom Engagement	<ul style="list-style-type: none"> <li>• Small Group Discussion</li> <li>• School Safety Worksheet</li> </ul>	Allow students to apply what that they have learned and explore the implications in new situations through teamwork.	<b>Writing Standards</b> W..4.8 (4th grade) W.5.8 (5th grade) <b>Health Education Content Standards</b> 8 (4th & 5th grade) 3 (4th & 6th grade) 2 (5th grade) <b>Health Education Content Standards</b> 3, 8, 23 (4th grade) 2, 8, 22 (5th grade) 3, 8, 23 (6th grade)
<b>Evaluate:</b> Learning Assessment	<ul style="list-style-type: none"> <li>• Safety Roles</li> <li>• School Safety Pledge</li> </ul>	In this session youth will determine how much learning and understanding has taken place while showing evidence of accomplishment.	<b>Health Education Content Standards</b> 3 (4th & 6th grade) 2 (5th grade)

# Creating Safe Spaces Lesson Plan Overview

### Topic:

A Guide to Having Courageous Conversations about Diversity and Allyship

### Grade Levels:

4-6

### Materials / Resources:

All materials provided in the AAA School Safety Lesson Plan. Download at: [Creating Safe Spaces: Lesson Plan](#)

### Student Outcomes:

- Creating Safe Spaces
- Celebrating Diversity
- Courageous Conversations

# Montana Unit Plan

## Creating Safe Spaces Lesson Plan Overview, cont'd

Lesson	Activities	Learning Target	Common Core Standards
Be the Change	<ul style="list-style-type: none"> <li>• Introduction</li> <li>• The Young S/Hero Snowball Activity</li> <li>• Reflection Questions</li> </ul>	In this session youth will learn about what it means to be a changemaker and be inspired to become one.	<p><b>Writing Standards</b></p> <p>W.4.8 (4th grade) W.5.8 (5th grade) W.6.4 (6th grade)</p> <p><b>Speaking and Listening Standards</b></p> <p>SL.4.1 (4th grade) SL.5.1 (5th grade) SL.6.1 (6th grade)</p>
Equality and Safe Spaces — A Path for All	<ul style="list-style-type: none"> <li>• 5 Tips of Active Listening</li> <li>• Activity: Celeste Davis &amp; Aaron</li> <li>• Privilege Ball Toss Activity</li> <li>• Reflection Question</li> </ul>	In this session students will improve their listening skills and learn about privileges in order to create safe spaces.	<p><b>Speaking and Listening Standards</b></p> <p>SL.4.1 (4th grade) SL.5.1 (5th grade) SL.6.1 (6th grade)</p>
Why Diversity is Important — A Rainbow Road	<ul style="list-style-type: none"> <li>• Introduction: Embracing Diversity to Create Safe Spaces</li> <li>• “I love my neighbor who...” Activity</li> <li>• Discussion</li> <li>• Reflection Questions</li> </ul>	In this session youth will explore the origins of racism while establishing ways to celebrate diversity.	<p><b>Speaking and Listening Standards</b></p> <p>SL.4.1 (4th grade) SL.5.1 (5th grade) SL.6.1 (6th grade)</p>
Allyship for Kids — A Route to Freedom	<ul style="list-style-type: none"> <li>• Intro: Understanding Allyship</li> <li>• Kids Explain Allyship Video</li> <li>• Ally Up Activity</li> <li>• Reflection Questions</li> </ul>	In this session youth will understand and practice how to be an ally.	<p><b>Speaking and Listening Standards</b></p> <p>SL.4.1 (4th grade) SL.5.1 (5th grade) SL.6.1 (6th grade)</p>
Allyship in Action	<ul style="list-style-type: none"> <li>• Using Activism to be an Ally</li> <li>• Art as Activism Video or Activism finds a new place: TikTok Video</li> <li>• Art for Change Activity</li> <li>• Reflection Questions</li> </ul>	In this session students will practice using art to help create safe spaces and stand up for others.	<p><b>Speaking and Listening Standards</b></p> <p>SL.4.4 (4th grade) SL.5.4 (5th grade) SL.6.5 (6th grade)</p>

## Safe@Home Overview

### Topic:

How to be a Safety Leader at Home

### Grade Levels:

4-6

### Materials / Resources:

A device to connect to the self-guided, online lesson. Access here: [Safe@Home](#)

### Student Outcomes:

Students will learn how to keep themselves and others safe while at home. Safety issues include:

- Home Safety Basics
- Fire Safety
- Water Safety
- Cooking Safety
- Resources for Parents & Caregivers



# Montana Unit Plan

Safe@Home Overview, cont'd

Lesson	Activities	Learning Target	Common Core Standards
Home Safety Basics	<ul style="list-style-type: none"> <li>• Important Tips for Home Safety</li> <li>• Home Safety Basic Activity</li> </ul>	In this session youth will read home safety tips and create an emergency plan.	<b>Health Education Content Standards</b> 3, 8, 31 (4th grade) 2, 8, 22 (5th grade) 3, 9, 22 (6th grade)
Fire Safety	<ul style="list-style-type: none"> <li>• Important Tips for Fire Safety</li> <li>• Fire Safety Activity</li> </ul>	In this session youth will read fire safety tips and create a fire escape plan.	<b>Health Education Content Standards</b> 3, 8, 31 (4th grade) 2, 8, 22 (5th grade) 3, 9, 22 (6th grade)
Cooking Safety	<ul style="list-style-type: none"> <li>• Important Tips for Safety Cooking</li> <li>• Cooking Safety Activity</li> </ul>	In this session youth will read cooking safety tips and identify cooking safety hazards in the kitchen.	<b>Health Education Content Standards</b> 3, 8, 31 (4th grade) 2, 8, 22 (5th grade) 3, 9, 22 (6th grade)
Water Safety	<ul style="list-style-type: none"> <li>• Five Water Survival Skills</li> <li>• Water Safety Activity</li> </ul>	In this session youth will read the five water survival skills and identify safety hazards in a pool.	<b>Health Education Content Standards</b> 3, 8, 31 (4th grade) 2, 8, 22 (5th grade) 3, 9, 22 (6th grade)

## Staying Safe During Covid-19 Overview

### Topic:

Guide to Physical Safety and Emotional Wellbeing

### Grade Levels:

4-6

### Materials / Resources:

A device to connect to the online lesson. Access here: [Staying Safe During COVID-19](#)

### Student Outcomes:

- Physical Safety
- Emotional Safety

Lesson	Activities	Learning Target	Common Core Standards
Physical Safety	<ul style="list-style-type: none"><li>• 5 Easy Steps for Hand Washing</li><li>• Slippery Fish Activity</li><li>• How to Wear Face Covering</li><li>• Social Distancing Activities</li></ul>	In this session youth will learn how to properly wash their hands and wear face coverings. They will also brainstorm social distancing activities.	<b>Health Education Content Standards</b> 3 (4th grade) 2 (5th grade) 6 (6th grade)
Emotional Safety	<ul style="list-style-type: none"><li>• Being a Leader in Emotional Wellbeing</li><li>• Identifying Emotions</li><li>• “Emotion Freeze” Activity</li><li>• Staying Socially Connected</li><li>• Empathy</li><li>• “If You Really Knew Me” Activity</li></ul>	In this session youth will <ul style="list-style-type: none"><li>• Learn how mental health can impact your wellbeing and what empathy is</li><li>• Practice identifying their emotions and ways to stay socially connected</li></ul>	<b>Health Education Content Standards</b> 4 (4th & 5th grade) 5 (6th grade)

## AAA School Safety Lesson Plan

### Speaking and Listening Standards

#### 4th Grade:

SL.4.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others' ideas and expressing their own clearly.

#### 5th Grade:

SL.5.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly.

#### 6th Grade:

SL.6.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 6 topics, texts, and issues, building on others' ideas and expressing their own clearly.

### Writing Standards

#### 4th Grade:

W.4.8 Recall relevant information from experiences or gather relevant information from print and digital sources; take notes and categorize information, and provide a list of sources.

#### 5th Grade:

W.5.8 Recall relevant information from experiences or gather relevant information from print and digital sources; summarize or paraphrase information in notes and finished work, and provide a list of sources.

#### 6th Grade:

W.6.4 Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

### Health Education Content Standards

#### 4th Grade

3. Identify personal health enhancing strategies that encompass substance abuse prevention, nutrition, exercise, injury and disease prevention and stress management, including traditional and contemporary strategies from American Indian cultures.
4. Describe risky behaviors and their potential consequences; . Discuss various characteristics of physical, mental, emotional, family, and social health, including those of traditional and contemporary American Indian cultures and practices.

# Montana Common Core Standards List

AAA School Safety Lesson Plan, cont'd

7. Describe the potential sources of environmental factors that affect health.
8. Discuss practices for safe school and community environments.
13. Identify how the school, tribe, and community can support personal health practices and behaviors
18. Describe resources from home, school, tribe, and community that provide valid health information.
23. Discuss options of what to do in potential safety and health-risk situations.
24. Identify situations when assistance is needed to make safety and health-related decisions;. Identify positive alternatives to resolving safety and health-related issues or problems

## 5th Grade

2. Describe personal health enhancing strategies that encompass substance abuse prevention, nutrition, exercise, injury and disease prevention, and stress management, including traditional and contemporary strategies from American Indian cultures.
3. Identify potential consequences of engaging in risky behaviors.
6. Discuss ways environmental factors affect health.
7. Describe ways in which safe and healthy school and community environments can promote personal health.
8. Describe ways to prevent and treat common childhood injuries and health problems.
18. Locate resources from home, school, tribe, and community that provide valid health information.
21. See nonviolent strategies to manage or resolve conflict.
22. Discuss how to ask for assistance to enhance the health and safety of self and others.
24. Analyze when assistance is needed in making safety and health-related decisions.

## 6th Grade

3. Analyze behaviors that promote health enhancing strategies for issues such as substance abuse prevention, nutrition, sexual activity, exercise, injury and disease prevention, and stress management, including traditional and contemporary strategies from American Indian cultures.
7. Discuss ways environmental factors affect health.
8. Analyze ways in which safe and healthy school and community environments can promote personal health.
9. Describe ways to reduce or prevent injuries and other adolescent health problems.
22. Access valid health information from home, school, tribe, and community.

# Montana Common Core Standards List

AAA School Safety Lesson Plan, cont'd

24. Describe situations that may require professional health services.
27. Use effective conflict management or resolution strategies.
28. Discuss how to ask for assistance to enhance the health and safety of self and others.

## Creating Safe Spaces Lesson Plan

### Writing Standards

#### 4th Grade:

W.4.8 Recall relevant information from experiences or gather relevant information from print and digital sources; take notes and categorize information, and provide a list of sources.

#### 5th Grade:

W.5.8 Recall relevant information from experiences or gather relevant information from print and digital sources; summarize or paraphrase information in notes and finished work, and provide a list of sources.

#### 6th Grade:

W.6.4 Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

### Speaking and Listening Standards

#### 4th Grade:

SL.4.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others' ideas and expressing their own clearly.

SL.4.4 Report on a topic or text, tell a story, or recount an experience in an organized manner, using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace.

#### 5th Grade:

SL.5.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly.

SL.5.4 Report on a topic or text or present an opinion, sequencing ideas logically and using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace.

#### 6th Grade:

SL.6.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 6 topics, texts, and issues, building on others' ideas and expressing their own clearly.

SL.6.5 Include multimedia components (e.g., graphics, images, music, sound) and visual displays in presentations to clarify information.

## Safe @ Home

### Health Education Content Standards

#### 4th Grade

3. Identify personal health enhancing strategies that encompass substance abuse prevention, nutrition, exercise, injury and disease prevention and stress management, including traditional and contemporary strategies from American Indian cultures.
8. Discuss practices for safe school and community environments.
31. Identify responsible personal health behaviors.

#### 5th Grade

2. Describe personal health enhancing strategies that encompass substance abuse prevention, nutrition, exercise, injury and disease prevention, and stress management, including traditional and contemporary strategies from American Indian cultures.
8. Describe ways to prevent and treat common childhood injuries and health problems.
22. Discuss how to ask for assistance to enhance the health and safety of self and others.

#### 6th Grade

3. Analyze behaviors that promote health enhancing strategies for issues such as substance abuse prevention, nutrition, sexual activity, exercise, injury and disease prevention, and stress management, including traditional and contemporary strategies from American Indian cultures.
9. Describe ways to reduce or prevent injuries and other adolescent health problems.
22. Access valid health information from home, school, tribe, and community.

## Staying Safe During Covid-19

### Health Education Content Standards

#### 4th Grade

3. Identify personal health enhancing strategies that encompass substance abuse prevention, nutrition, exercise, injury and disease prevention and stress management, including traditional and contemporary strategies from American Indian cultures.
4. Describe risky behaviors and their potential consequences; . Discuss various characteristics of physical, mental, emotional, family, and social health, including those of traditional and contemporary American Indian cultures and practices.

#### 5th Grade

2. Describe personal health enhancing strategies that encompass substance abuse prevention, nutrition, exercise, injury and disease prevention, and stress management, including traditional and contemporary strategies from American Indian cultures.
4. Identify examples of physical, mental, emotional, family, and social health, including those of traditional and contemporary American Indian cultures and practices.

#### 6th Grade

5. Identify characteristics of physical, mental, emotional, family, and social health, including traditional and contemporary strategies from American Indian cultures.
6. Explain practices used to prevent or reduce the risk of spreading or contracting communicable diseases.