



AAA School Safety

Utah Common Core Standards Guide



Table of Contents

Unit Plan	3
Master Lesson Plan Overview	3
Creating Safe Spaces Lesson Plan Overview	6
Safe@Home	8
Staying Safe During Covid-19	10
Common Core Standards List	11
AAA School Safety Lesson Plan	11
— Speaking & Listening Standards	11
— Writing Standards	11
— Health Education	11
Creating Safe Spaces Lesson Plan	13
— Writing Standards	13
— Speaking & Listening Standards	13
Safe@Home	14
.....	14
Staying Safe During Covid-19	15
— Health Education	15

Master Lesson Plan Overview

Topic:

AAA School Safety

Grade Levels:

4-6

Materials / Resources:

All materials provided in the AAA School Safety Lesson Plan. Download at: [AAA School Safety Lesson Plan](#)

Student Outcomes:

- Awareness of safety issues and how to respond
- Teamwork and working with peers to solve problems
- Responsibility and confidence in uncertain situations
- Respect for self, each other, and authority figures
- Leadership in the classroom, among friends, and all areas of life

Utah Unit Plan

Master Lesson Plan Overview, cont'd

Lesson	Activities	Learning Target	Common Core Standards
Engage: The Set Up	<ul style="list-style-type: none"> • Introduction to the Safety Lesson • Class Discussion about Safety Issues 	In this session youth will build awareness of safety issues by drawing connections to what they already know while assessing prior understanding.	Speaking and Listening Standards 1 (4th, 5th, & 6th grade) *If done in writing: Writing Standards 8 (4th & 5th grade) Health Education Strand 3 Standard 4.SDP.3 (4th grade)
Engage: Pre-Lesson Assessment	Safe / Unsafe Pre-Lesson Assessment	In this session youth will build awareness of safety issues by drawing connections to what they already know while assessing prior understanding.	Health Education Strand 3 Standard 4.SDP.3 (4th grade) Standard 5.SDP.2 (5th grade) Standard 6.SDP.1 (6th grade)
Explore: Classroom Participation	<ul style="list-style-type: none"> • Role-Playing and Team-Building Activity • Debrief and Classroom Processing 	In this session youth will practice teamwork and will work with peers to solve problems. Students will become actively involved with the topic and build on their understanding.	Health Education Strand 3 Standard 4.SDP.2 (4th grade) Standard 4.SDP.3 (4th grade) Standard 5.SDP.2 (5th grade) Standard 6.SDP.1 (6th grade)
Explain: Classroom Instruction Section 1	Getting to School: <ul style="list-style-type: none"> • Crosswalk and safe gaps • Search patterns • Bicycle Safety • School Bus Safety • Car Passenger Safety • Self Driving Car 	In this session youth will build on the students' prior knowledge, ensuring that they have accurate information to apply in a variety of safety situations.	Health Education Strand 3 Standard 4.SDP.2 (4th grade) Standard 4.SDP.3 (4th grade) Standard 5.SDP.2 (5th grade) Standard 6.SDP.1 (6th grade) Strand 6 Standard 4.HD.3 (4th grade) Standard 6.HD.3 (6th grade)

Utah Unit Plan

Master Lesson Plan Overview, cont'd

Lesson	Activities	Learning Target	Common Core Standards
<p>Explain: Classroom Instruction Section 2</p>	<p>Getting to School:</p> <ul style="list-style-type: none"> • Bullying • Violent Intruder • Earthquake 	<p>In this session youth will build on the students' prior knowledge, ensuring that they have accurate information to apply in a variety of safety situations.</p>	<p>Health Education Strand 3</p> <p>Standard 4.SDP.2 (4th grade) Standard 5.SDP.1 (5th grade) Standard 5.SDP.2 (5th grade) Standard 6.SDP.1 (6th grade)</p> <p>Strand 6</p> <p>Standard 4.HD.3 (4th grade) Standard 6.HD.3 (6th grade)</p>
<p>Extend: Classroom Engagement</p>	<ul style="list-style-type: none"> • Small Group Discussion • School Safety Worksheet 	<p>Allow students to apply what that they have learned and explore the implications in new situations through teamwork.</p>	<p>Writing Standards</p> <p>8 (4th & 5th grade)</p> <p>Health Education Strand 3</p> <p>Standard 4.SDP.2 (4th grade) Standard 5.SDP.2 (5th grade) Standard 6.SDP.1 (6th grade)</p>
<p>Evaluate: Learning Assessment</p>	<ul style="list-style-type: none"> • Safety Roles • School Safety Pledge 	<p>In this session youth will determine how much learning and understanding has taken place while showing evidence of accomplishment.</p>	<p>Health Education Strand 3</p> <p>Standard 4.SDP.2 (4th grade) Standard 5.SDP.2 (5th grade) Standard 6.SDP.1 (6th grade)</p>

Creating Safe Spaces Lesson Plan Overview

Topic:

A Guide to Having Courageous Conversations about Diversity and Allyship

Grade Levels:

4-6

Materials / Resources:

All materials provided in the AAA School Safety Lesson Plan. Download at: [Creating Safe Spaces: Lesson Plan](#)

Student Outcomes:

- Creating Safe Spaces
- Celebrating Diversity
- Courageous Conversations

Utah Unit Plan

Creating Safe Spaces Lesson Plan Overview, cont'd

Lesson	Activities	Learning Target	Common Core Standards
Be the Change	<ul style="list-style-type: none"> • Introduction • The Young S/Hero Snowball Activity • Reflection Questions 	In this session youth will learn about what it means to be a changemaker and be inspired to become one.	Writing Standards 8 (4th & 5th grade) 4 (6th grade) Speaking and Listening Standards 1 (4th, 5th, & 6th grade)
Equality and Safe Spaces — A Path for All	<ul style="list-style-type: none"> • 5 Tips of Active Listening • Activity: Celeste Davis & Aaron • Privilege Ball Toss Activity • Reflection Question 	In this session students will improve their listening skills and learn about privileges in order to create safe spaces.	Speaking and Listening Standards 1 (4th, 5th, & 6th grade)
Why Diversity is Important — A Rainbow Road	<ul style="list-style-type: none"> • Introduction: Embracing Diversity to Create Safe Spaces • “I love my neighbor who...” Activity • Discussion • Reflection Questions 	In this session youth will explore the origins of racism while establishing ways to celebrate diversity.	Speaking and Listening Standards 1 (4th, 5th, & 6th grade)
Allyship for Kids — A Route to Freedom	<ul style="list-style-type: none"> • Intro: Understanding Allyship • Kids Explain Allyship Video • Ally Up Activity • Reflection Questions 	In this session youth will understand and practice how to be an ally.	Speaking and Listening Standards 1 (4th, 5th, & 6th grade)
Allyship in Action	<ul style="list-style-type: none"> • Using Activism to be an Ally • Art as Activism Video or Activism finds a new place: TikTok Video • Art for Change Activity • Reflection Questions 	In this session students will practice using art to help create safe spaces and stand up for others.	Speaking and Listening Standards 4 (4th & 5th grade) 5 (6th grade)

Safe@Home Overview

Topic:

How to be a Safety Leader at Home

Grade Levels:

4-6

Materials / Resources:

A device to connect to the self-guided, online lesson. Access here: [Safe@Home](#)

Student Outcomes:

Students will learn how to keep themselves and others safe while at home. Safety issues include:

- Home Safety Basics
- Fire Safety
- Water Safety
- Cooking Safety
- Resources for Parents & Caregivers

Utah Unit Plan

Safe@Home Overview, cont'd

Lesson	Activities	Learning Target	Common Core Standards
Home Safety Basics	<ul style="list-style-type: none"> • Important Tips for Home Safety • Home Safety Basic Activity 	In this session youth will read home safety tips and create an emergency plan.	Health Education Strand 3 Standard 4.SDP.2 (4th grade) Standard 4.SDP.3 (4th grade) Standard 5.SDP.2 (5th grade) Standard 6.SDP.1 (6th grade)
Fire Safety	<ul style="list-style-type: none"> • Important Tips for Fire Safety • Fire Safety Activity 	In this session youth will read fire safety tips and create a fire escape plan.	Health Education Strand 3 Standard 4.SDP.2 (4th grade) Standard 4.SDP.3 (4th grade) Standard 5.SDP.2 (5th grade) Standard 6.SDP.1 (6th grade)
Cooking Safety	<ul style="list-style-type: none"> • Important Tips for Safety Cooking • Cooking Safety Activity 	In this session youth will read cooking safety tips and identify cooking safety hazards in the kitchen.	Health Education Strand 3 Standard 4.SDP.3 (4th grade) Standard 6.SDP.1 (6th grade)
Water Safety	<ul style="list-style-type: none"> • Five Water Survival Skills • Water Safety Activity 	In this session youth will read the five water survival skills and identify safety hazards in a pool.	Health Education Strand 3 Standard 4.SDP.3 (4th grade)

Staying Safe During Covid-19 Overview

Topic:

Guide to Physical Safety and Emotional Wellbeing

Grade Levels:

4-6

Materials / Resources:

A device to connect to the online lesson. Access here: [Staying Safe During COVID-19](#)

Student Outcomes:

- Physical Safety
- Emotional Safety

Lesson	Activities	Learning Target	Common Core Standards
Physical Safety	<ul style="list-style-type: none">• 5 Easy Steps for Hand Washing• Slippery Fish Activity• How to Wear Face Covering• Social Distancing Activities	In this session youth will learn how to properly wash their hands and wear face coverings. They will also brainstorm social distancing activities.	Health Education Strand 3 Standard 5.SDP.2 (5th grade) Strand 6 Standard 6.HD.2 (6th grade)
Emotional Safety	<ul style="list-style-type: none">• Being a Leader in Emotional Wellbeing• Identifying Emotions• “Emotion Freeze” Activity• Staying Socially Connected• Empathy• “If You Really Knew Me” Activity	In this session youth will <ul style="list-style-type: none">• Learn how mental health can impact your wellbeing and what empathy is• Practice identifying their emotions and ways to stay socially connected	Health Education Strand 2 Standard 4.MEH.1 (4th grade) Standard 4.MEH.4 (4th grade) Standard 6.MEH.1 (6th grade)

AAA School Safety Lesson Plan

Speaking and Listening Standards

4th Grade:

1. Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others' ideas and expressing their own clearly.

5th Grade:

1. Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly.

6th Grade:

1. Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 6 topics, texts, and issues, building on others' ideas and expressing their own clearly.

Writing Standards

4th Grade:

8. Recall relevant information from experiences or gather relevant information from print and digital sources; take notes and categorize information, and provide a list of sources.

5th Grade:

8. Recall relevant information from experiences or gather relevant information from print and digital sources; summarize or paraphrase information in notes and finished work, and provide a list of sources.

6th Grade:

4. Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

Health Education

Strand 3

4th Grade

- Standard 4.SDP.2 Develop a personal safety plan to follow in case of emergency, which may include fire, earthquake, lock down, lock out, evacuate, and shelter in place for school, home, and community settings.

Utah Common Core Standards List

AAA School Safety Lesson Plan, cont'd

Standard 4.SDP.3 Identify and practice ways to prevent common childhood injuries.

5th Grade

Standard 5.SDP.1 Explain strategies on how to help others and demonstrate how to help or contact the appropriate emergency resources (for example, first aid, CPR, poison control, 911, mental health crisis lines, animal control, non-emergency lines) for different situations.

Standard 5.SDP.2 Explain a variety of healthy behaviors (for example, diet, exercise, proper hygiene, helmet use, proper car restraints, firearm safety) that avoid or reduce health risks.

6th Grade

Standard 6.SDP.1 Create personal rules and strategies (for example, use of safety equipment, protective gear, seat-belts, sunscreen) incorporating healthy lifestyle activities in home, school, social, and community settings.

Strand 6

4th Grade

Standard 4.HD.3 List multiple trusted adults (for example, parent, guardian, relative, teacher, counselor, clergy) to talk with if feeling uncomfortable, afraid, or unsafe about an interaction or other harmful situations. Explain the need to talk with more than one adult if the issue is not resolved.

6th Grade

Standard 6.HD.3 Discuss how to clearly say no, leave a situation or interaction, and identify and talk with a trusted adult when feeling uncomfortable, afraid, or unsafe and understand the possible need to talk with more than one adult.

Creating Safe Spaces Lesson Plan

Writing Standards

4th Grade:

- 8 Recall relevant information from experiences or gather relevant information from print and digital sources; take notes and categorize information, and provide a list of sources.

5th Grade:

- 8 Recall relevant information from experiences or gather relevant information from print and digital sources; summarize or paraphrase information in notes and finished work, and provide a list of sources.

6th Grade:

4. Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

Speaking and Listening Standards

4th Grade:

1. Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others' ideas and expressing their own clearly.
4. Report on a topic or text, tell a story, or recount an experience in an organized manner, using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace.

5th Grade:

1. Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly.
4. Report on a topic or text or present an opinion, sequencing ideas logically and using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace.

6th Grade:

1. Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 6 topics, texts, and issues, building on others' ideas and expressing their own clearly.
5. Include multimedia components and visual displays in presentations to clarify claims and findings and emphasize salient points.

Safe @ Home

Health Education

Strand 3

4th Grade:

Standard 4.SDP.2: Develop a personal safety plan to follow in case of emergency, which may include fire, earthquake, lock down, lock out, evacuate, and shelter in place for school, home, and community settings.

Standard 4.SDP.3: Identify and practice ways to prevent common childhood injuries.

5th Grade

Standard 5.SDP.2: Explain a variety of healthy behaviors (for example, diet, exercise, proper hygiene, helmet use, proper car restraints, firearm safety) that avoid or reduce health risks.

6th Grade

Standard 6.SDP.1: Create personal rules and strategies (for example, use of safety equipment, protective gear, seat-belts, sunscreen) incorporating healthy lifestyle activities in home, school, social, and community settings.

Staying Safe During Covid-19

Health Education

Strand 2

4th Grade

Standard 4.MEH.1: Identify healthy ways to manage and reduce stress (for example, exercise, hobbies, mindfulness, time management, organization).

Standard 4.MEH.4: Identify ways to support self and others struggling with mental and emotional health and recognize when to seek help.

6th Grade

Standard 6.MEH.1: Identify healthy strategies individuals may use to cope with disappointment, grief, sadness, and loss, including talking with a trusted adult.

Strand 3

5th Grade:

Standard 5.SDP.2: Explain a variety of healthy behaviors (for example, diet, exercise, proper hygiene, helmet use, proper car restraints, firearm safety) that avoid or reduce health risks.

Strand 6

6th Grade

Standard 6.HD.2: Explain the importance of practicing behaviors that maintain good hygiene.